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Building Nunavut Together  
Nunavut liuqatigiingniq  
Bâtir le Nunavut ensemble

# Public Service Announcement

## September is Prostate Cancer Awareness Month

**Start Date: September 3, 2019**

**End Date: September 30, 2019**

**Nunavut-wide**

**60 sec**

Prostate cancer is the third most common type of cancer among men in Nunavut. During prostate cancer awareness month, men over the age of 50 are encouraged to book an appointment at their community health centre for a prostate screening.

The risk of developing prostate cancer increases if you are over 50, are overweight, have a family history of the disease or eat a high-fat and low-fibre diet.

Common signs and symptoms include:

- Increased need to urinate.
- Weak or decreased urine flow.
- Inability to urinate.
- Burning feeling or pain during urination.

It is important for men who experience any of these signs or symptoms to visit their health centre or speak to your community health representative to book an appointment. Early detection can save lives.

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